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SATURDAY 7 SEPTEMBER										SATURDAY 7 SEPTEMBER									
WORKSHOPS										WORKSHOPS									
Stellenberg 1		Presenter	Number	Stellenberg 2						Stellenberg 3						STAGE			
Refresments					Refresments					Refresments					Refresments				
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Topography: Taking and understanding good topography maps		Oliver Woo	30	Successful contact lens fitting depends on good topography data, especially when fitting Ortho-K or custom RGP corneal lenses. Join us for this informative practical session to improve your skills on good topography techniques	Dry eye: Diagnosis & treatment - extend your scope of practice.		James Wolffsohn / Marilize le Roux / Jeanne Wentzel	25	Expand your speciality Dry eye services. We look at the Turnkey practice protocol and practical examples to implement, diagnose and effectively treat dry eye patients. This workshop should not be missed.	Scleral Lens Fitting A-Z		Tom Arnold / Alan Kaye	30	We all get the red eye in our chair. Here we will differentiate between the different types of keratitis/conjunctivitis. It is all about signs and symptoms, the questions we ask, the techniques we use, the diagnosis we make and the treatment plan we choose.	A systematic approach for the corneal lens fitting to the irregular cornea		Paul Rose / Alan Saks	25	This workshop looks at different fitting philosophies when approaching the irregular cornea. Come and see Dr Paul Rose in action with a 5 step fitting system to make this perplexing task easy. This practical session includes live fitting and extensive pictures and videos
Diagnosing and Treating Meibomian Gland Dysfunction.		Basil Kotze & Marilize Cilliers.	30	Description: The following will be demonstrated in the workshop: Diagnosis: Siltamp techniques, New infrared technology to view and grade Meibomian glands. Treatment: Lid heating options, Lid Debridement, Lid Expression.	Siltamp 101 - The games we play		Jeanne Wentzel	20	While keeping your hand on the joystick and your eye on the patient, this workshop will help you to take the pain out of the game and to get the fun back into basic siltamp techniques. This will enable you to improve your diagnostic skills and to make your patient your greatest fan.	Pharmacology of contact lens practise		Dirk Booysen/ Ntombi Zitha	30	An informal discussion about pharmacology of contact lenses and how to improve the optometrist's management skills of pathology. We look at case studies, what you should understand about preservatives and pathology management. Empowering the optometrist to co-manage their patients.	Multifocal CL Fitting made easy		Inma Perez	24	Up your game with successful MF Fitting. This fun practical session will equip you to offer presbyopes so much more; we look at the advantages of Hydraglyde and SmartShield technologies and the pearls of MF fitting procedure.
Fitting Keratoconus: The modern approach to lens fitting		Charl Laas	30	We all encounter Keratoconus patients - learn a new approach to modern keratoconus assessment and fitting.	Foreign Body Removal and Management		Ntombi Zitha	20	We often have to deal with patients with a foreign body on the eye. Learn this vital technique and improve your skill level with this practical workshop. All delegates will have the opportunity to practice the various removal techniques and discuss the correct management protocol.	Differentiating bacterial, viral, fungal, allergic and dry eye ocular conditions		Dr. Djan	25	Primary indication for Keratoconus, PMD, Post graft, post lasik complications and irregular corneas. Change your patients life by assisting corneal lens-intolerant patients as well as having another CL option available for sport.	Punctal plug insertion, occlusion and irrigation		Dirk Booysen	20	Puntal plug insertion is a vital technique for any practitioner. We familiarize ourselves with the techniques, give all the detail how to do this, link with suppliers and give you the opportunity to practice this important technique.

SUNDAY

SUNDAY 8 SEPTEMBER															
Stellenberg 1			Stellenberg 2			Stellenberg 3			STAGE						
Understanding and using topography to select the correct lens type	Charl Laas		We explore the great advantages of your topographer and the important metrics. This workshop investigates different map types of regular and irregular corneas to assist with selecting of the correct contact lens. Great contact lens fitting, software advances moves contact lens designs to the new level.												
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			Contact Lens Lab SA specific workshop												
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						Ortho K - Walking with your patient in the first 48 hours			Willem Pieterse			We take a closer look at the first 48 hours of Ortho K management. Insertion techniques comfort questions, cleaning and storing and more specific the pearls to get to a great Ortho- k experience.			
Using OCT to optimize your scleral fit			The benefits of OCT is empowering in optometric practice. Join us to get the practical experience and to maximise the OCT potential, improve your scleral fits, impressing your patient and what can be done to increase your practice turnover.												
Refreshments															
Digital photography techniques	Tom Arnold / Dirk Booyesen	25	A Practice builder; improve your professional and clinical slit lamp skills; improve your record keeping and ability to involve the patient. We extend this tool for building relationships with your patients and the referring ophthalmologist.	Common Ortho-K complications and management pearls	Oliver Woo	30	We look at the different Ortho-k complications and how they can be corrected to get a bull's eye central fitting. We discuss the pearls to lens adjustment for optimal corneal health and fitting	Scleral lens fitting A-Z	Christine Sindt	25	This exciting workshop discusses the fitting pearls of scleral lenses. It gives you the opportunity to rub shoulders with a global scleral lens guru while discussing the practical implementation to do scleral lens fitting effectively in your busy practice.	Presbyopia : Multifocal C/L fitting	Karl Aberdeern-Cooper vision	30	A presentation detailing lens design, profiling the presbyope, maximising successes with Balance Progressive Technology and Blur suppression
Basic Scleral Lens Fitting – 6 Step approach to fitting your first scleral lens	Charl Laas	25	The 6-step approach to fitting your first scleral lens. This workshop will demonstrate the general basic techniques and equipment needed for each step.	The Art of fitting a corneo-scleral lens	Paul Rose	25	Semi scleral lens have quickly become one of the most successful options for fitting irregular corneas, providing good ocular health and satisfactory comfort. Dr Paul Rose shares the fitting philosophy that led to his amazing global success, giving you another tool for irregular cornea fitting	Approaching complex toric lens fitting	Dr. Marsha Oberholzer	20	The workshop will be in <b>two parts</b> : a presentation then practical example of interactive fitting. It will entail the process of fitting a toric soft contact lens. Starting off with the <b>perceptions</b> of Optometrists, <b>statistics &amp; reasons</b> for Toric lens drop-out. We will cover the <b>case history</b> , rights questions to ask, identifying a patient for fitting, choosing the correct trial, <b>vertex correction</b> , evaluating the fit ( <b>LARS</b> and <b>CAAS</b> ) ( <b>push-up test</b> ) <b>twist test</b> , <b>measurement of rotation</b> and adjustment to choose final trial. Evaluating the <b>vision</b> , using an online calculator. Alcon's unique <b>stabilization design</b> and <b>accelerated stabilization</b> will be discussed.				
Selecting the right candidate for Orthokeratology	Charl Laas	30	Ortho K is an important and exciting alternative option to offer to your myopic patients. Learn the art of patient selection and the detail such as the importance of pupil size, the ideal refractive and topographical cases.	Ethical Marketing of speciality services: Effective strategies	Willem Pieterse	30	Ethical Marketing of speciality services will improve your practice growth significantly. This workshop will unlock your practice potential, discussing what works well for different speciality services and how you can measure the outcome. Don't miss this exciting session as we share and look at the practical implementations of ethical marketing.	Dry eye: Diagnosis & treatment - extend your scope of practice.	James Wolffsohn/ Marilize le Roux	25	Expand your speciality Dry eye services. We look at the Turnkey practice protocol and practical examples to implement, diagnose and effectively treat dry eye patients. This workshop should not be missed.				

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MONDAY 9 SEPTEMBER									
Stellenberg 1			Stellenberg 2			Stellenberg 3			STAGE
08:30-09:20 Basic Scleral Lens Fitting – 6 Step approach to fitting your first scleral lens		The 6-step approach to fitting your first scleral lens. This workshop will demonstrate the general basic techniques and equipment needed for each step.	Contact Lens Lab SA specific Workshop						
09:25-10:15						Danker - Update on Hybrid lenses			
10:20-10:40	Refreshments		Refreshments			Refreshments			Refreshments
10:45-11:35						Danker specific Workshop			
11:40-12:00									
12:05-13:05									
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